

## Recommendations

### Books

- **The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind** by Daniel Siegel
- **No-Drama Discipline: The Whole-Brain Way to Calm the Chaos and Nurture Your Child's Developing Mind** by Daniel Siegel
- **The Happiest Kids in the World: How Dutch Parents Help Their Kids (and Themselves) by Doing Less** by Rina Mae Acosta
- **No Bad Kids** by Janet Lansbury

### Instagram

- Busy Toddler
- Best Ideas for Kids
- Inspire My Play
- Flourishing Noggins